

Weekly Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish of the Day	Traditional Beef Burger served in a Bun	Bacon and Tomato Pasta Bake	The Big Breakfast Bacon, Sausage, Hash Brown, Poached Egg	Roast Pork with Roast Potatoes and Gravy	Battered Fish and Chips
Vegetarian Dish of the Day	Cheese Flan	Quorn Sausage and Pasta Bake	Vegetarian Sausage, Hash Brown, Poached Egg and Mushrooms	Lentil Bake	Cheese Omelettes with Chips
Oven Baked Jacket Potato	Jacket Potato with Cheese ✓ or Baked Beans ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Tuna or Cheese ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Cheese ✓ or Baked Beans ✓
Vegetables of the Day	Potato Wedges, Beans and Peas	Garlic Bread, Carrots and Green Beans	Grilled Tomato and Baked Beans	Baton Carrots and Broccoli	Baked Beans and Peas
Desserts	A Selection of Homemade Cakes and Biscuits				

WEEK 1

DE-ASTON

Available Daily: Fresh Fruit, Jacket Potatoes with Fillings, Salads & Sandwiches
A choice of Fresh Fruit Cocktail, Yoghurts and Fruit Jelly



Weekly Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish of the Day	Bacon Loin Chop and Gravy	Spaghetti Bolognese and Garlic Bread	The Big Breakfast Bacon, Sausage, Hash Brown, Poached Egg	Roast Turkey, Roast Potatoes and Gravy	Battered Fish and Chips
Vegetarian Dish of the Day	Cheese Pizza	Vegetable Spaghetti Bolognese and Garlic Bread	Vegetarian Sausage, Hash Brown, Poached Egg and Mushrooms	Cauliflower and Mozzarella Slice	Mixed Bean Bake
Oven Baked Jacket Potato	Jacket Potato with Cheese ✓ or Baked Beans ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Cheese ✓ or Baked Beans ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Cheese ✓ or Baked Beans ✓
Vegetables of the Day	Mash Peas and Carrots	Green Beans and Cauliflower	Grilled Tomato and Baked Beans	Carrots and Broccoli	Peas and Baked Beans
Desserts	A Selection of Homemade Cakes and Biscuits				

WEEK 2

DE-ASTON

Available Daily: Fresh Fruit, Jacket Potatoes with Fillings, Salads & Sandwiches
A choice of Fresh Fruit Cocktail, Yoghurts and Fruit Jelly



Weekly Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish of the Day	Cheese and Tomato Pizza	Beef Lasagne	The Big Breakfast Bacon, Sausage, Hash Brown, Poached Egg	Roast Chicken with Gravy, and Roast Potatoes	Fish and Chips with Tomato Ketchup
Vegetarian Dish of the Day	Salmon & Tuna Pasta Bake	Mixed Bean Lasagne	Vegetarian Sausage, Hash Brown, Poached Egg and Mushrooms	Quorn Roast and Roasted Tomato	Vegetable Quesadilla
Oven Baked Jacket Potato	Jacket Potato with Cheese ✓ or Baked Beans ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Tuna or Cheese ✓	Jacket Potato with Tuna or Baked Beans ✓	Jacket Potato with Cheese ✓ or Baked Beans ✓
Vegetables of the Day	Peas and Sweetcorn	Green Beans and Carrots	Grilled Tomato and Baked Beans	Broccoli and Mixed Vegetables	Peas and Baked Beans
Desserts	A Selection of Homemade Cakes and Biscuits				

WEEK 3

DE-ASTON

Available Daily: Fresh Fruit, Jacket Potatoes with Fillings, Salads & Sandwiches
 A choice of Fresh Fruit Cocktail, Yoghurts and Fruit Jelly

